



**Alex McMillan IV, DDS & Associates**

We have prescribed a composite to restore your tooth to healthy function. Composites are tooth colored restorations (fillings) that are bonded to your tooth and are much more conservative than other types of restorations. A bonded restoration is different than an amalgam-mercury filling (otherwise referred to as a silver filling) because it actually bonds to the tooth and thus strengthens it. Amalgam-mercury fillings actually act like “wedges”, and create stresses within the tooth that can lead to premature fractures or breakage of the tooth.

In the past, amalgam-mercury fillings were the only option to restore your tooth. In recent years, bonded restorations have become the treatment of choice to restore teeth. Not only do they look and feel natural, these restorations can prevent the need for crowns (also referred to as a “cap”) because of the fracture causing stress seen with other materials especially amalgam-mercury fillings. Because composite restorations have the ability to bond to the tooth we do not have to remove healthy tooth structure to restore your tooth to ideal health. With these bonded materials, all we need to do is remove any weakened tooth structure, decay, and any existing defective filling.



**Before**



**After**

**We have prescribed the following treatment for you:**

Tooth #: \_\_\_\_\_

Restoration: \_\_\_\_\_

Date: \_\_\_\_\_

**Aesthetic, Implant & Sedation Dentistry**

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